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## CONTEST IDEAS FOR FOOD SERVICE

### Elementary Schools

#### **Go for the Grain**

Fill a large jar with whole-grain cereal and students guess the ounces of cereal.

#### **Got Milk?**

Fill a bottle with milk bottle caps brought from home and students guess how many are in the bottle.

#### **Cheese, Please!**

Fill a container with orange and white counting cubes or wooden blocks and students guess how many cubes of "cheese."

#### **Be a Fruit and Veggie Detective**

Cover a glass container so the inside can't be seen. On the front, post clues that describe a fruit or vegetable. Have students submit their answers to the cashier. At the end of the week, reveal the answer by removing the cover on the glass and displaying the fruit or vegetable. The students that answered correctly go into a drawing for a weekly prize.

#### **Sticker Under the Tray Contest**

Place a sticker randomly under certain trays. Students that have the lucky trays are given a small prize or get entered into a drawing for a larger prize.

#### **Punch Up!**

Give students a punch card to track how often they eat breakfast at school. Once they hit a certain number of meals, they are entered into a drawing to win a prize.